

SUCCESS TIPS: THE GROWTH MINDSET

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It Really Is No Secret That
The NO1 Secret To Success Is To GROW.

Grow your mindset in the right areas for expansion in your craft and take the appropriate action.

So why do about 90% OF PEOPLE FAIL TO get what they want in life?

Its because they live in a very basic level of life.

After countless years of studying my own growth and in developing my own success I have found that there just a few things required to create significant change in almost anything.

The first thing to do is to look at the triangle above and see where you are on there at the moment. How much of this matters to you?

Do you see any need to create a higher level of living or not? I decided t aim for the top. Not because it proves anything to anyone or to myself, but because I wanted to discover what it meant, really meant.

Most people (even though that's a generalization term), do not plan for what they really want.

Not only that but, they simply drift day by day through life.

But, when we can learn to use the right tools to help us, we have way more chance to succeed.

But, chance is not ideal.

Did you know?

Through numerous studies among individuals within various roles and with an idea of figuring out how to use their attributes to close achievement gaps; people with the growth type of mindset are constantly trying to learn, expand and better themselves. They are those who will enjoy the obstacles and challenges many others hate, and they also believe that their intelligence, talents, and abilities can increase through consistent work and applied effort.

So it is about DESIGN not DEFAULT.

And it doesn't take a genius to tell us that our minds are expansive. They are hugely capable of increased learning and capacity, thus, anyone can essentially grow in one way or another.

What this demonstrates is life can be LESS about chance and more deliberate creation.

So, what does that mean exactly?

Whilst we cannot plan for everything in life and frankly it would be a pretty boring existence if we had to plan everything, we do need to have some kind of focus on the growth of our plan for our goals - and to also use what we have been given. And that is HUGE!

Yet - the majority of people on this planet do not use their minds anywhere near as much as they could.

Many simply have no importance or significance in their actions every day.

Some buddies of mine are no strangers to success and I have noticed the patterns they all possess.

But alongside their impressive track records for creating growth they also create their own

businesses and products to help people like you and me.

They know that, life is for creation and for living from their making and they also know that it is also about sharing what we learn. So, they step outside of the belief that they are just destined to live lives of conventionism. They strive for greatness and take the opportunity to THRIVE.

Like many of my friends I have a passion for life, so I really don't want to spend it growing corporations or establishments which I have no ethical connection for, I want to grow myself, my business and others who are equally as passionate as I am.

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Recently a client of mine Katrina said this.....

Katrina Tasbaz - UK

"Greg's training's are nothing short of the ultimate way to build a dream business - and at the same time growing the mindset to grow with it. I wouldn't work with anyone else. He took my ideas and helped me to make them shine. I was uncertain about my ability and the worth of my ideas, and I was uncertain about paying another person to help me as I was worried about seeing a R.O.I in my business. But Greg helped me to establish workable plans and strategies to develop these very quickly to where I was able to create upward growth month on month and entirely change my life and business."

And Terri said this.....

Terri Hall - USA

I took Greg's Love, Passion and Purpose coaching course and he also gave me Mindset Coaching which shifted something in me I didn't even know needed shifting. And what I learned has radically changed the way I think, feel and understand about my purpose. My business goals have gotten much clearer and I'm happier about my own personal growth and outlook. I have a better understanding of who I am and my goals and dreams. I also have a clear picture and focus to making those things happen and I take strategic action every day. I'm now closer than I ever imagined I could be, as I am seeing significant

growth on my purpose driven goals. Thank you Greg for creating this wonderful and powerful training course." Greg's Personal Coaching training in the UK is TRULY effective and powerful and works when you work with it.

What could some simple shifts do for you?

May I ask you a question? How many 'so called' success programs have NOT DELIVERED or brought you MORE MONEY, SUCCESS or HAPPINESS?

I know of hundreds that I have purchased myself and books which promised to change something.

Well? That's because we look at something and move on. We get a temporary buzz and lift of motivation and then we go back to our old familiar and comfortable ways.

I suppose I am a die hard OPTIMIST because EVERYTHING HAS HELPED ME IN SOME WAY; at least that's how I see it, but how much time do you want to spend on programs and books and not see significant growth?

DO YOU WANT TO SPEND \$100, \$1000, \$10,000???

Hey I am not saying that we can't learn from everything - we can. But, my point is that we don't need to.

What we need to do is to APPLY ourselves into one specific thing fully so we can elevate ourselves past the average life we may have gotten used to and created for ourselves. I am not saying that we need to be extraordinary either. Although all of us are genius's in one way or another, yet we have been told that we must do XYZ to get the life expected of us. I personally do not subscribe to that.

What we need to do is ACT. ACT on what we have decided to apply our attention towards.

But do we need to find ourselves first? Some think so! I just think that we know deep down what we want, but so many other doubts just get in the way of this. I'm not sure that we have to look for 'who we are', more DEFINE what we want and why from knowing what matters to us.

That's up to you to decide of course, and the beauty with all this is in the exploration of it. Should we wish to dig deep into our core.

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Every day we make decisions about what we will eat, think and do and every day we will make decisions based around a certain set of beliefs which we have shaped. Our minds have learned to create for us the expected results we have gotten used to.

So, when anything which seems a little radical or different to what we have become used enters our domain we feel a sense of 'oh yeah as if that could happen'.

Our mindset is a set of assumptions, methods, or notions held by us and our mindset can also be seen as arising out of our world view or philosophy of life in order to see the bigger picture. So we get what we have become used to getting. **UNLESS WE CHANGE IT.**

Sure, you or I may never become a Billionaire or the President of the USA, but would we want to be? Looking at Trump - I'm not sure I would switch with him anyway?

What we do need to do though is to forge a clear vision of what we need apply growth towards.

We may all have gifts, strengths, talents, skills etc, and we may or may not use these, but - these are not all we have.

Those who believe that talents can be developed (through hard work, good strategies, and solid input from others) have a growth mindset **and** they tend to achieve more than those with a more fixed mindset who are those who believe their talents are gifts. We can surely evolve gifts yes, but we shouldn't only believe that we are limited to these.

By understanding more about this and implementing new ideas, methodologies and strategies we can achieve unusual successes.

And the best part is that I WILL SHOW YOU EXACTLY WHAT I DO!

You have to love the idea of growth first off too be able to work with this and to become obsessed with RESULTS.

You may have noticed that I live with a passion for life, and this passion is simply something within me and burning every morning when I wake up.

I am obsessed with self expression and with exploration of our ideas with curiosity and excitement.

Maybe you are like me? Maybe not? But, anything can be cultivated 'should' we wish it to be.

I created my own brand, identity, business and growth, but I was under no illusion that I would do it all by myself. Once I knew where growth was needed I worked on my own mind and got help with the weaker areas.

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The first thing I did was to get that clarity and then ask better questions.

I looked for solutions not problems. I went deep into what others did in order to create unusual successes and I copied them.

I believe that it comes down to our predominant attitude towards life.

If we are moaning all of the time and asking why life is so hard, then we will simply struggle and find life hard, but if we can ask some better questions around our situations, we can then see what eventually got us to that situation.

IF we can become dedicated to our crafts and to our own progression then we can see significant change and I know as I have demonstrated this and so have my clients. Not because any of us are particularly outstanding in any ways either, but we refused to give up on what mattered to us.

So what matters to you? What are your values?

When you can build from there, you can see what your drivers are for making change.

Think about this. Imagine using your mind to grow your wealth and your business quickly! This is what most miss; that it is possible and very doable with the right application of mental and physical activities.

So you could say that THE REAL SECRET TO SUCCESS is in simply following a certain set of principles and perhaps COPYING A LEADER and it can be, but, this all starts with knowing what you want and why.

We have to get leverage on our reasons why.

What will our goals do for us? What will getting there mean? How will this improve our lives? How will this help our loved ones?

The more leverage we have the more power we have.

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am not that keen on long winded blog posts that by the end you find yourself NO clearer on what the point is.

I know how you feel about success and I wouldn't place any old stuff on my blog I can promise you that. I love to share what works. This is why I am so passionate.

I am telling you that I do not SELL I only SHARE what works for me and others.

That's my motto so you can rest assured that I am not going to go all pushy.

All I can do is show you the way like a guide or Sherpa. I am a leader in my chosen market because I applied what I talked about and therefore I lead with products that have standards and quality to create results. OK - my life isn't at anywhere near the kind of risk as that of a Sherpa - and I have great deep respect for them, but I am a guide.

I guide my clients to make better decisions every day in order to live the lives of passion they dream of. And that's something I adore.

So, now what are we dealing with?

It's kind of three fold:

- 1) Learn to Control Your Mind and Focus. = Work on what you want, why you want it and start a plan now. Then keep on refining it.
- 2) Learn from and Copy Successful people. = Don't reinvent the wheel. Look at successful people and copy them if need be. Then stand out.

3) Take consistent specific action on a daily basis. = Apply a constant ethic to working on the right tasks every day and get help where needed.

BUT Hey listen do not even take my word it - explore for yourself and find your way.

Now, if your way hasn't gotten you what you truly desire then maybe its time to ask why.

By the way, I am not saying that we are the same, we are not. We all have differences, and we are all different, so different things work for different types, however - we can all use something to drive us forward. Our kids, our partners, our pasts, our teachers, our parents, and so on. Good or bad, right or wrong, we have all been conditioned by a great variety of things, so we have to look at what we can use to our advantage.

Something which really helped me was my past.

I was a poor student at school, I was always in fear, sensitive, depressed and lost.

I had dropped out of college, gone from job to job with no prospects, failed in business and hit 30 with depression, anxiety, panic attacks, inferiority, and no money. I was even ready to quit on life. THAT is what woke me up. I use that every day to remind myself why I do what I do. I had two major choices back then, LIVE OR DIE. It wasn't complicated; but I chose life. Now let's say I chose death, I would be gone dead and buried. I would be long forgotten by now. No-one would care anymore about my existence, so i chose to live.

This life is precious isn't it, and whatever happens we have to see that we will ensure challenges, setbacks and roadblocks, but it is in these that we grow the most. It is in these that we wake up and say to ourselves 'I can do this, I can get over this, I am more than this!'

I guess I just have a passion for potential and possibility, not for playing a game below standards.

I suggest you grab your favourite beverage if you have 10 minutes and start asking yourself what you really want from now on.

So, take what is yours and live life to the full.

As always I wish you the very best

Greg

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